



**Valley Forge Biblical
Counseling Center**

Conference Agenda

10th Annual
Conference

2025 Competent to Counsel Conference - Collegeville, PA

Track 1	Foundations Track
Track 2	Topical Track- Selfishness and Self-Love
Track 3	Advanced Track- Contemporary Medical Issues
Track 4	Ladies Track- Addressing Common Women's Issues

THURSDAY March 27, 2025

8:30 am - 9:00 am	Registration and Check-in				
9:00 am - 10:00 am Opening Plenary	Opening Plenary Session- Randy Patten- "Making a Difference Through How We Counsel"				
10:00 am - 10:15 am	Break (refreshments provided on site)				
10:15 am - 11:15 am Workshop Session 1	A Deeper Look at the Key Skills of Biblical Counseling Patten	A Biblical View of Narcissism Carson	Psychiatric Medicine, The Brain, and Biblical Counseling Hodges	Dealing with Cutting and Self-Harm Debi Pryde	
11:15 am - 11:30 am	Break				
11:30 am - 12:30 pm Workshop Session 2	Hope and Help for Parents Patten	Insecurity, Inferiority, and Low Self-Esteem Eifert	Helping People manage Pain: Physical, Spiritual, and Emotional Crabb	How to Manage Responsibilities in a Busy Life and Home Debi Pryde	
12:30 pm - 1:15 pm	Exhibits Open	Complimentary Lunch in the Family Life Center			
1:15 pm - 2:15 pm Workshop Session 3		Helping Those Who Struggle With PTSD Eifert	Understanding Pride As the First Step for Helping a Narcissist Carson	Counseling People with a Medical Illness Crabb	Forgiveness- What It Is And What It Isn't Debi Pryde
2:15 pm - 2:30 pm		Break (refreshments provided on site)			
2:30 pm - 3:30 pm Workshop Session 4	Marriage Principles That Make a 2nd Marriage Last Wendal	Help! I Married a Narcissist! How Do I Survive? Eifert	Help and Hope for Those With Depression Hodges	When Sadness Strikes and You Lose Your Joy Debi Pryde	
3:30 pm - 3:45 pm	Break				
3:45 pm - 4:45 pm Workshop Session 5	When Should a Biblical Counselor Consult a Doctor Crabb	Understanding and Dealing with Addictions as Life Dominating Sins Carson	What is Medical About Mental Illness? Hodges	What to Do When Your Husband Doesn't Listen Debi Pryde	
4:45 pm - 5:30 pm Closing Plenary	Closing Plenary with Q & A in Worship Center				